

Developmental Program For Boys and Girls

MONDAY				
CLASS #	LEVEL	TIME	COACH	AGE
Girls				
210	Red	1:00 - 2:15	BV	6-8
211	Silver	1:30 - 3:30	AV	All
212	White	2:15 - 3:45	BV	6-8
213	Blue	4:00 - 5:30	SR	All
214	White	4:00 - 5:30	KB	6-8
215	Red	5:30 - 6:45	SR	6-8
216	White	5:30 - 7:00	KB	All
217	Bronze	6:00 - 7:45	AV	All
218	Blue	6:45 - 8:15	SR	All
Boys				
310	White	5:15 - 6:45	BB	6+
311	Red	6:45 - 8:00	BB	6+

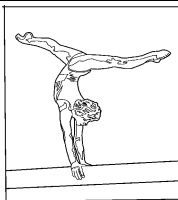
THURSDAY				
CLASS #	LEVEL	TIME	COACH	AGE
Girls				
640	Tumbling	2:30 - 3:30	JD	All
240	Bronze	4:00 - 5:45	AS	All
241	White	3:30 - 5:00	BH	All
242	Red	5:00 - 6:15	BH	All
243	Silver	5:45 - 7:45	AS	All
244	Blue	6:15 - 7:45	BH	All
Boys				
340	Red	6:30 - 7:45	BB	6+
341	Blue	4:30 - 6:00	JD	All
342	Silver	6:00 - 8:00	JD	All

TUESDAY				
CLASS #	LEVEL	TIME	COACH	AGE
Girls				
220	Red	1:15 - 2:30	BV	All
221	Bronze	4:00 - 5:45	AS	All
222	White	4:15 - 5:45	MB	6-8
223	Red	4:00 - 5:15	SR	6-8
224	White	5:00 - 6:30	KB	9+
225	Silver	5:45 - 7:45	AS	All
226	Blue	5:15 - 6:45	SR	All
227	Bronze	6:00 - 7:45	AV	All
228	Red	6:30 - 7:45	KB	9+
229	Blue	6:45 - 8:15	SR	9+
Boys				
320	White	4:00 - 5:30	BB	6+
321	Red	5:30 - 6:45	BB	6+

FRIDAY				
No Classes				

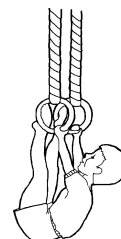
WEDNESDAY				
CLASS #	LEVEL	TIME	COACH	AGE
Girls				
230	White	3:30 - 5:00	BH	All
231	Silver	4:00 - 6:00	AS	All
232	Blue	5:00 - 6:30	BH	All
233	White	6:00 - 7:30	AS	All
234	Red	6:30 - 7:45	BH	All
Boys				
330	Red	4:15 - 5:30	BB	6+
331	White	5:30 - 7:00	BB	6+

SATURDAY				
No Classes				



CLASS LEVEL PROGRESSION

Red	Beginner	1 1/4 hrs	1 DAY A WEEK REQUIRED
White	Intermediate Beginner	1 1/2 hrs	1 DAY A WEEK REQUIRED
Blue	Advanced Beginner	1 1/2 hrs	2 DAYS A WEEK OPTIONAL
Bronze	Intermediate	1 3/4 hrs	2 DAYS A WEEK RECOMMENDED
Silver	Intermediate Advanced	2 hrs	2 DAYS A WEEK REQUIRED



15% SECOND CLASS DISCOUNT
10% SIBLING DISCOUNT

Michigan Academy of Gymnastics

734-761-7610

240 Metty Dr. Suite C, Ann Arbor MI 48103

Summer Session June 18, 2018 - August 24, 2018

Kinder Program For Boys and Girls

MONDAY				
CLASS #	LEVEL	TIME	COACH	AGE
Kinder				
110	Kinder 2	3:45 - 4:45	BV	5-6
111	Kinder 1	4:45 - 5:30	BV	3-4
112	Parent & Tot	5:45 - 6:30	BV	2-3
113	Super Kinder 3	6:30 - 7:45	BV	5-6
114	Kinder 1	7:00 - 7:45	KB	3-4
Boy's Kinder				
410	Kinder	4:15 - 5:15	BB	4-5

THURSDAY				
CLASS #	LEVEL	TIME	COACH	AGE
Kinder				
140	Kinder 1	2:30 - 3:15	SB	3-4
141	Kinder 2	3:15 - 4:15	SB	5-6
142	Kinder 1	4:00 - 4:45	AG	3-4
143	Parent & Tot	4:45 - 5:30	AG	2-3
144	Super Kinder 1	5:30 - 6:15	AG	3-4
145	Super Kinder 2	6:15 - 7:15	AG	5-6
Boy's Kinder				
440	Super Kinder	4:15 - 5:30	BB	5-6
441	Kinder	5:30 - 6:30	BB	4-5

TUESDAY				
CLASS #	LEVEL	TIME	COACH	AGE
Kinder				
120	Kinder 1	10:00-10:45	AG	3-4
121	Super Kinder 1	10:45-11:30	AG	3-4
122	Kinder 1	11:30-12:15	AG	3-4
123	Kinder 2	12:30-1:30	AG	5-6
124	Music & Movement	3:00 - 3:30	MB	18 mo-2
125	Adv Kinder	3:00 - 4:30	BV	All
126	Music & Movement	3:30-4:15	MB	3-5
127	Kinder 2	4:00 - 5:00	KB	5-6
128	Super Kinder 2	4:30-5:30	BV	5-6
129	Kinder 2	5:30 - 6:30	BV	5-6
129 A	Kinder 1	6:30 - 7:15	BV	3-4
Boy's Kinder				
420	Kinder	6:45 - 7:45	BB	4-5

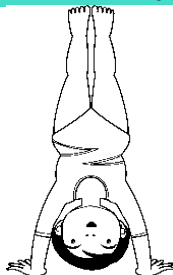
FRIDAY

No Classes

WEDNESDAY				
CLASS #	LEVEL	TIME	COACH	AGE
Kinder				
130	Parent & Tot	10:00-10:45	AG	2-3
131	Kinder 1	10:45-11:30	AG	3-4
132	Kinder 2	11:30-12:30	AG	5-6
133	Super Kinder 3	12:45-2:00	AG	5-6
134	Super Kinder 2	4:00 - 5:00	BV	5-6
135	Kinder 1	5:00 - 5:45	BV	3-4
136	Parent & Tot	6:00-6:45	BV	2-3
137	Kinder 2	6:45 - 7:45	BV	5-6
Boy's Kinder				
430	Super Kinder	7:00 - 8:15	BB	5-6


SATURDAY

No Classes

Kinder Gymnastic Progression				
	Boys & Girls	Parent & Tot	3/4 hr	Ages 2-3
		Kinder 1	3/4 hr	Ages 3-4
		Super Kinder 1	3/4 hr	Ages 3-4
	Girls	Kinder 2	1 hr	Ages 5-6
		Super Kinder 2	1 hr	Ages 4-6
		Super Kinder 3	1 1/4 hr	Ages 5-6
		Advanced Kinder	1 1/2 hr	Ages 5-6
	Boys	Boys Kinder	1 hr	Ages 4-5
		Boys Super Kinder	1 1/4 hr	Ages 5-6

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