

Michigan Academy of Gymnastics

240 Metty Dr. Suite C • Ann Arbor, MI 48103 • (734) 761-7610

Winter/Spring January 22, 2018--June 9th, 2018

*The gym will be closed May 26th AND May 28th

Developmental Program For Boys and Girls

MONDAY				
CLASS #	LEVEL	TIME	COACH	AGE
Girls				
211	White	4:30 - 6:00	SR	6-8
212	Blue	4:30 - 6:00	AS	6-8
213	Red	6:00 - 7:15	SR	9+
214	Silver	7:00 - 9:00	AS	All
215	Bronze	7:15 - 9:00	SR	All
216	Blue	7:15 - 8:45	BB	9+
Boys				
310	White	5:45 - 7:15	BB	6+

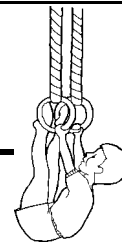
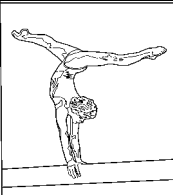
THURSDAY				
CLASS #	LEVEL	TIME	COACH	AGE
Girls				
240	Blue	4:30 - 6:00	AS	All
241	Bronze	4:30 - 6:15	RK	All
242	White	6:15 - 7:45	RK	9+
243	Silver	7:00 - 9:00	AS	All
244	Tumbling	8:00 - 9:00	RK	All
Boys				
340	Red	6:15 - 7:30	BB	6+

FRIDAY				
CLASS #	LEVEL	TIME	COACH	AGE
Girls				
250	Silver	4:30 - 6:30	LE	All
251	White	7:30 - 9:00	RK	9+
252	Red	5:30 - 6:45	SR	All
Boys				
350	Bronze	4:30 - 6:15	AP	All
351	Silver	6:15 - 8:15	AP	All
352	Red	7:30 - 8:45	BB	6+

TUESDAY				
CLASS #	LEVEL	TIME	COACH	AGE
Girls				
226	Homeschool	12:30 - 1:45	CM	6+
220	Bronze	4:30 - 6:15	SR	All
221	Red	4:30 - 5:45	SB	6-8
222	White	4:30 - 6:00	CM	6-8
223	White	6:00 - 7:30	KB	9+
224	Silver	6:00 - 8:00	CM	All
225	Blue	6:15 - 7:45	SR	6+

WEDNESDAY				
CLASS #	LEVEL	TIME	COACH	AGE
Girls				
230	Blue	4:30 - 6:00	RK	All
231	Red	7:15 - 8:30	RK	9+

SATURDAY				
CLASS #	LEVEL	TIME	COACH	AGE
Girls				
260	Blue	9:00 - 10:30	LE	All
261	Red	11:00 - 12:15	BV	6-8
262	Bronze	10:30 - 12:15	LE	All
263	Red	12:15 - 1:30	BV	9+
264	White	1:00 - 2:30	KB	All
Boys				
360	White	11:15 - 12:45	BB	6+
361	Red	12:45 - 2:00	BB	6+
362	Blue	2:00 - 3:30	BB	6+



CLASS LEVEL PROGRESSION

Red	Beginner	1 1/4 hrs. 1 DAY A WEEK REQUIRED
White	Intermediate Beginner	1 1/2 hrs. 1 DAY A WEEK REQUIRED
Blue	Advanced Beginner	1 1/2 hrs. 2 DAYS A WEEK OPTIONAL
Bronze	Intermediate	1 3/4 hrs. 2 DAYS A WEEK RECOMMENDED
Silver	Intermediate Advanced	2 hrs. 2 DAYS A WEEK REQUIRED

15% SECOND CLASS DISCOUNT

10% SIBLING DISCOUNT

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Kinder Program for Boys and Girls

MONDAY				
CLASS #	LEVEL	TIME	COACH	AGE
Kinder				
111	Kinder 1	4:45 - 5:30	BV	3-4
112	Kinder 2	5:30 - 6:30	BV	5-6
113	Super Kinder 2	6:00 - 7:00	AS	4-6
Boys Kinder				
410	Super Kinder	4:30 - 5:45	BB	5-6

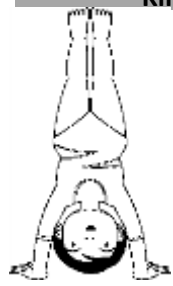
THURSDAY				
CLASS #	LEVEL	TIME	COACH	AGE
Kinder				
140	Kinder 1	4:30 - 5:15	BB	3-4
141	Super Kinder 1	6:00 - 6:45	AS	3-4
Boys Kinder				
440	Kinder	5:15 - 6:15	BB	4-5

TUESDAY				
CLASS #	LEVEL	TIME	COACH	AGE
Kinder				
120	Parent & Tot	10:00 - 10:45	BV	2-3
121	Super Kinder 1	10:45 - 11:30	BV	3-4
122	Kinder 1	11:30 - 12:15	BV	3-4
123	Homeschool	12:30 - 1:30	BV	3-5
124	Kinder 1	4:30 - 5:15	KB	3-4
125	ADV Kinder	5:00 - 6:30	BV	5-6
126	Super Kinder 1	5:15 - 6:00	KB	3-4
127	Kinder 2	5:45 - 6:45	SB	5-6

FRIDAY				
CLASS #	LEVEL	TIME	COACH	AGE
Kinder				
150	Kinder 2	4:30 - 5:30	BB	5-6
151	Parent & Tot	4:45 - 5:30	SR	2-3
152	Kinder 1	5:30 - 6:15	BB	3-4
Boys Kinder				
450	Kinder	6:15 - 7:15	BB	4-5

WEDNESDAY				
CLASS #	LEVEL	TIME	COACH	AGE
Kinder				
130	Kinder 1	10:00 - 10:45	BV	3-4
131	Super Kinder 1	10:45 - 11:30	BV	3-4
132	Parent & Tot	11:30 - 12:15	BV	2-3
133	Kinder 1	12:30 - 1:15	BV	3-4
134	Super Kinder 2	4:30 - 5:30	BV	4-6
135	Kinder 1	5:30 - 6:15	BV	3-4
136	Super Kinder 3	6:00 - 7:15	RK	4-6

SATURDAY				
CLASS #	LEVEL	TIME	COACH	AGE
Kinder				
160	Kinder 2	9:00 - 10:00	KB	5-6
161	Parent & Tot	9:15 - 10:00	BV	2-3
162	Parent & Tot	10:00 - 10:45	BV	2-3
163	Kinder 1	10:00 - 10:45	KB	3-4
164	Super Kinder 3	10:45 - 12:00	KB	5-6
165	Super Kinder 2	12:00 - 1:00	KB	4-6
Boys Kinder				
460	Kinder	9:00 - 10:00	BB	4-5
461	Super Kinder	10:00 - 11:15	BB	5-6

Kinder Gymnastic Progression				
	Boys & Girls	Parent & Tot	3/4 hr.	Ages 2-3
		Kinder 1	3/4 hr.	Ages 3-4
		Super Kinder 1	3/4 hr.	Ages 3-4
	Girls	Kinder 2	1 hr.	Ages 5-6
		S Kinder 2	1 hr.	Ages 4-6
		S Kinder 3	1 1/4 hrs.	Ages 4-6
		Adv. Kinder	1 1/2 hrs.	Ages 5-6
	Boys	Boys Kinder	1 hr.	Ages 4-5
		Boys S Kinder 1	1/4 hrs.	Ages 5-6
	15% SECOND CLASS DISCOUNT			
10% SIBLING DISCOUNT				
Kids Playtime TUE 1:45-2:45				
Kids Playtime WED 1:30-2:30				