

### Developmental Program for Girls and Boys

MONDAY					
Girls					
210	White	4:15-5:45	SS	6-8	
211	Blue	4:30-6:00	LG	6-8	
212	Bronze	4:30-6:15	CM	All	
213	White	5:45-7:15	SS	6-8	
214	Blue	6:00-7:30	LG	6-8	
215	Blue	6:15-7:45	CM	9+	
216	Red	6:45-8:00	MH	6-8	
217	Red	7:15-8:30	SS	6-8	
218	White	7:30-9:00	LG	7-10	
219	Red	7:45-9:00	CM	9+	
Boys					
310	Blue	4:30-6:00	TC	All	
311	Bronze	6:00-7:45	TC	All	
312	Silver	6:45-8:45	AP	All	
313	White	7:00-8:30	WS	6-8	
314	Red	7:45-9:00	TC	6-8	

THURSDAY					
Girls					
240	White	4:15-5:45	LG	9+	
241	White	4:30-6:00	KN	6-8	
242	Blue	4:30-6:00	MB	9+	
243	Blue	5:45-7:15	LG	6-8	
244	Red	6:00-7:15	KN	6-8	
245	Silver	6:30-8:30	DG	All	
246	Red	7:15-8:30	SS	6-8	
247	White	7:15-8:45	KN	6-8	
248	Blue	7:15-8:45	MB	8-11	
249	Red	7:30-8:45	LG	9+	
Boys					
340	Bronze	4:15-6:00	TC	All	
341	Blue	6:00-7:30	TC	All	
342	Red	6:45-8:00	AP	9+	
343	Red	7:00-8:15	WS	6-8	

TUESDAY					
Girls					
220	Blue	4:15-5:45	AW	6-8	
221	Silver	4:15-6:15	ET	All	
222	Red	4:30-5:45	SS	6-8	
223	Blue	4:30-6:00	MB	6-8	
224	Bronze	4:30-6:15	JS	All	
225	Red	5:45-7:00	SS	6-8	
226	White	5:45-7:15	AW	9+	
227	Silver	6:30-8:30	DG	All	
228	White	7:00-8:30	SS	6-8	
229	Blue	7:15-8:45	AW	9+	
Boys					
320	White	4:30-6:00	TC	6-8	
321	Red	6:00-7:15	TC	6-8	
323	Bronze	7:15-9:00	TC	All	

FRIDAY					
Girls					
252	Silver	4:30-6:30	DG	All	
253	White	4:45-6:15	MH	6-8	
254	Bronze	5:00-6:45	CM	All	
255	Blue	5:45-7:15	EA	7-10	
256	Red	6:00-7:15	MB	6-8	
257	Silver	6:30-8:30	DG	All	
258	Bronze	6:45-8:30	CM	All	
259	Blue	7:15-8:45	AW	9+	
259B	Blue	7:15-8:45	MH	6-8	
Boys					
350	White	7:00-8:30	WS	9+	

WEDNESDAY					
Girls					
230	Bronze	4:15-6:00	DG	All	
231	White	4:30-6:00	MH	6-8	
232	Blue	4:30-6:00	AW	6-8	
233	Silver	4:30-6:30	ET	All	
234	Red	6:00-7:15	MH	6-8	
235	White	6:00-7:30	AW	6-8	
236	Bronze	6:30-8:15	ET	All	
237	Blue	7:15-8:45	MH	6-8	
238	White	7:30-9:00	AW	6-8	
Boys					
330	Red	4:30-5:45	BB	6-8	
331	Silver	6:45-8:45	AP	All	
332	Blue	7:00-8:30	BB	All	

SATURDAY					
Girls					
260	Bronze	9:00-10:45	CM	All	
261	Blue	10:45-12:15	CM	6-8	
262	Silver	11:00-1:00	DG	All	
264	Red	12:30-1:45	SS	6-8	
265	Bronze	1:15-3:00	DG	All	
266	White	1:45-3:15	SS	6-8	
Boys					
360	Blue	2:15-3:45	AP	All	
Fitness Classes					
361	Saturday	3:45-5:00	AP	6-14	

Cheer-Tumble Classes					
Beginner					
611	Monday	3:30-4:30	TC	8+	
640	Thursday	8:45-9:45	LG	8+	
660	Saturday	1:30 - 2:30	ET	8+	
Advanced					
610	Monday	9:00-10:00	TC	8+	
631	Wednesday	8:45-9:45	AP	8+	
641	Thursday	7:45-8:45	TC	8+	

CLASS LEVEL PROGRESSION					
Red	Beginner	1 Day A Week			
White	Int. Beginner	1 Day A Week			
Blue	Adv. Beginner	2 Days A Week Optional			
Bronze	Intermediate	2 Days A Week Recommended			
Silver	Int. Advanced	2 Days A Week Required			

Homeschool Class - Tuesday					
220HS	Girls	11:30-1:00	AW	6+	
422	Boys	11:45-1:00	LB	6+	

Special Needs Classes					
863	Saturday	3:15-4:00		Ages: 6-9	
864	Saturday	4:15-5:00		Ages: 10+	

Kids Play Time					
Tuesday 1:00-2:00			Friday 1:00-2:00		



# Michigan Academy of Gymnastics

Winter Session: January 22, 2018 - June 9, 2018



Preschool Program for Girls and Boys

## MONDAY

Level	Time	Coach	Age
111 Super Kinder 2	4:45-5:45	MB	4-6
112 Kinder 1	5:00-5:45	LC	3-4
113 Kinder 2	5:45-6:45	LC	5-6
114 Super Kinder 1	5:45-6:30	MB	3-4
115 Parent & Tot	6:00-6:45	JS	2-3
116 Kinder 1	6:30-7:15	MB	3-4
117 Super Kinder 1	6:45-7:30	LC	3-4

### Boys

410 Kinder	4:30-5:30	MH	4-6
411 Super Kinder	5:30-6:45	MH	5-6

## TUESDAY

Level	Time	Coach	Age
120 Music & Movement	10:00-10:45	AW	3-5
129A Super Kinder 1	10:45-11:30	AW	3-4
121 Kinder 1	2:00-2:45	DG	3-4
122 Super Kinder 2	2:45-3:45	DG	4-6
123 Super Kinder 1	4:15-5:00	DG	3-4
124 Super Kinder 2	5:15-6:15	KK	4-6
125 Super Kinder 3	6:00-7:15	MB	4-6
126 Adv. Kinder	6:15-7:45	JS	5-6
127 Kinder 1	6:15-7:00	KK	3-4
129 Super Kinder 1	7:15-8:00	MB	3-4

### Boys

420 Kinder	9:30-10:30	LB	4-6
421 Super Kinder	10:30-11:45	LB	5-6

## WEDNESDAY

Level	Time	Coach	Age
130 Super Kinder 1	10:00-10:45	JS	3-4
131 Super Kinder 1	10:45-11:30	JS	3-4
132 Parent & Tot	11:30-12:15	JS	2-3
133 Music & Movement	2:00-2:45	MB	1.5-3
134 Super Kinder 1	4:15-5:00	MB	3-4
135 Super Kinder 3	4:30-5:45	JS	4-6
136 Kinder 2	4:45-5:45	KN	5-6
137 Parent & Tot	5:00-5:45	MB	2-3
138 Super Kinder 1	5:45-6:30	KN	3-4
139 Super Kinder 2	5:45-6:45	MB	4-6
139A Adv. Kinder	6:00-7:30	DG	5-6
139B Kinder 1	6:30-7:15	KN	3-4
139C Super Kinder 2	6:45-7:45	MB	5-6
139D Kinder 1	7:15-8:00	KN	3-4

### Boys

430 Super Kinder	5:45-7:00	BB	5-6
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## Special Needs Classes

862 Saturday	2:30-3:00	Ages 3-5
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## Kids Play Time

Tuesday 1:00-2:00	Friday 1:00-2:00
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## THURSDAY

Level	Time	Coach	Age
147 Kinder 1	10:00-10:45	JS	3-4
140 Super Kinder 1	4:30-5:15	KK	3-4
141 Kinder 1	4:45-5:30	SS	3-4
142 Super Kinder 2	5:15-6:15	KK	4-6
143 Super Kinder 1	5:30-6:15	SS	3-4
144 Super Kinder 3	6:00-7:15	MB	4-6
145 Kinder 2	6:15-7:15	KK	5-6
146 Super Kinder 2	6:15-7:15	SS	4-6

## FRIDAY

Level	Time	Coach	Age
150 Super Kinder 2	10:00-11:00	JS	4-6
151 Super Kinder 2	11:00-12:00	JS	4-6
152 Kinder 1	12:15-1:00	JS	3-4
153 Super Kinder 1	2:00-2:45	JS	3-4
154 Kinder 1	4:30-5:15	AW	3-4
156 Kinder 2	5:15-6:15	AW	5-6
157 Super Kinder 2	6:15-7:15	AW	4-6

### Boys

451 Kinder	6:15 - 7:15	MH	4-6
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## SATURDAY

Level	Time	Coach	Age
160 Parent & Tot	8:30-9:15	AW	2-3
161 Kinder 1	9:00-9:45	SS	3-4
162 Super Kinder 2	9:15-10:15	AW	4-6
163 Super Kinder 1	9:45-10:30	SS	3-4
165A Super Kinder 3	10:15-11:30	AW	4-6
164 Kinder 2	10:30-11:30	SS	5-6
165B Kinder 1	11:30-12:15	SS	3-4
166 Super Kinder 1	11:30-12:15	AW	3-4
167 Parent & Tot	12:15-1:00	CM	2-3
168 Super Kinder 2	12:30-1:30	AW	4-6

### Boys

460 Kinder	8:45-9:45	AP	4-6
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## Kinder Gymnastic Progression

### Girls & Boys Ages 2-4

Parent & Tot	3/4 hr.	Ages 2-3
Kinder 1	3/4 hr.	Ages 3-4
Super Kinder 1	3/4 hr.	Ages 3-4

### Girls Ages 4-6

Kinder 2	1 hr.	Ages 5-6
Super Kinder 2	1 hr.	Ages 4-6
Super Kinder 3	1 1/4 hrs.	Ages 4-6
Adv. Kinder	1 1/2 hrs.	Ages 5-6

### Boys Ages 4-6

Kinder	1 hr.	Ages 4-5
Super Kinder	1 1/4 hrs.	Ages 5-6

15% Second Class Discount

10% Sibling Discount