



Michigan Academy of Gymnastics, Inc.

(734) 721-4001 5870 Hix Rd., Westland, MI 48185

Fall Session: August 28, 2017 - January 20, 2018



Developmental Program for Girls and Boys

MONDAY				
Girls				
210	White	4:15-5:45	CM	6-8
211	Blue	4:30-6:00	LG	9+
212	White	4:30-6:00	AW	9+
213	Blue	5:45-7:15	CM	8+
214	Red	6:00-7:15	LG	6-8
215	Blue	6:00-7:30	AW	6-8
216	White	7:15-8:45	LG	6-8
217	Bronze	7:15-9:00	CM	All
218	Red	7:30-8:45	AW	9+
Boys				
310	Red	4:30-5:45	TC	6-8
311	Silver	6:45-8:45	AP	All
312	Red	7:00-8:15	WS	6-8
313	White	7:00-8:30	TC	9+

THURSDAY				
Girls				
240	Blue	4:30-6:00	LG	6-8
241	White	5:00-6:30	AW	6-8
242	White	6:00-7:30	LG	6-8
243	Red	6:30-7:45	AW	6-8
244	Bronze	6:30-8:15	DG	All
245	Red	7:30-8:45	LG	9+
246	Red	7:45-9:00	AW	6-8
Boys				
340	White	4:30-6:00	TC	6-8
341	Red	6:45-8:00	AP	9+
342	Bronze	7:15-9:00	TC	All

TUESDAY				
Girls				
221	Blue	4:30-6:00	CM	6-8
222	Silver	4:30-6:30	ET	All
223	Red	5:00-6:15	AW	9+
224	Blue	6:00-7:30	CM	6-8
225	Red	6:15-7:30	AW	6-8
226	Bronze	6:30-8:15	ET	All
227	Silver	6:30-8:30	DG	All
228	White	7:30-9:00	AW	6-8
229	White	7:30-9:00	CM	9+
Boys				
320	Blue	4:30-6:00	TC	All
321	Silver	6:45-8:45	AP	All
322	Red	7:00-8:15	TC	6-8

FRIDAY				
Girls				
250	Blue	4:15-5:45	TR	6-8
251	Bronze	4:30-6:15	DG	All
252	Bronze	5:45-7:30	TR	All
253	Silver	6:15-8:15	DG	All
254	White	7:00-8:30	AW	6-8
Boys				
350	White	7:00-8:30	6-8	WS

WEDNESDAY				
Girls				
230	Red	4:15-5:30	ET	6-8
231	Bronze	4:15-6:00	DG	All
232	White	4:30-6:00	AW	6-8
233	Silver	5:30-7:30	ET	All
234	Red	6:00-7:15	AW	6-8
235	Blue	7:15-8:45	AW	6-8
236	Blue	7:30-9:00	ET	9+
Boys				
330	Bronze	4:30-6:15	AP	All
331	Red	5:45-7:00	BB	6-8
332	Silver	6:15-8:15	AP	All
333	Blue	7:00-8:30	BB	All

SATURDAY				
Girls				
260	Red	9:45-11:00	KN	6-8
261	Bronze	9:45-11:30	TR	All
262	Blue	10:00-11:30	RJ	6-8
264	Bronze	11:00-12:45	DG	All
265	White	11:30-1:00	RJ	9+
266	Blue	11:30-1:00	TR	9+
268	Silver	1:00-3:00	DG	All
263	Red	1:00-2:15	RJ	6-8
269	White	2:00-3:30	ET	6-8
Boys				
360	Blue	1:15-2:45	WS	All
362	White	2:45-4:15	WS	6-8

Cheer-Tumble Classes				
Beginner				
611	Monday	9:00-10:00	ET	
620	Tuesday	8:15-9:15	ET	
Advanced				
610	Monday	8:45-9:45	AP	
621	Tuesday	8:45-9:45	AP	

Fitness Classes				
361	Saturday	3:30-4:45	AP	

Special Needs Classes				
Saturday				
861	Ages 6-9	2:15-3:00	CM	
862	Ages 10+	3:15-4:00	CM	
	Ages 6-9	3:30-4:15	AW	

CLASS LEVEL PROGRESSION		
Red	Beginner	1 Day A Week
White	Int. Beginner	1 Day A Week
Blue	Adv. Beginner	2 Days A Week Optional
Bronze	Intermediate	2 Days A Week Recommended
Silver	Int. Advanced	2 Days A Week Required

Homeschool Class				
220	Tuesday	11:30-1:00	AW	6-10

Kids Play Time	
Tuesday 1:00-2:00	Wednesday 11:00-12:00

15% Second Class Discount
10% Sibling Discount



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Preschool Program for Girls and Boys

MONDAY

Level	Time	Coach	Age
110 Kinder 1	9:30-10:15	JS	3-4
111 Super Kinder 1	10:15-11:00	JS	3-4
112 Kinder 1	4:30-5:15	JS	3-4
116 Super Kinder 1	4:30-5:15	MB	3-4
117 Kinder 1	5:15-6:00	MB	3-4
118 Kinder 2	6:00-7:00	MB	5-6
114 Parent & Tot	6:15-7:00	JS	2-3
115 Kinder 1	7:00-7:45	JS	3-4

Boys

410 Super Kinder	5:45-7:00	TC	5-6
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TUESDAY

Level	Time	Coach	Age
120 Kinder 1	2:00-2:45	DG	3-4
121 Super Kinder 2	2:45-3:45	DG	4-6
122 Kinder 1	3:45-4:30	DG	3-4
123 Super Kinder 2	5:00-6:00	KK	4-6
124 Super Kinder 1	5:00-5:45	LC	3-4
128 Kinder 2	5:45-6:45	MB	5-6
125 Kinder 1	5:45-6:30	LC	3-4
126 Super Kinder 3	6:00-7:15	KK	4-6
127 Kinder 2	6:30-7:30	LC	5-6

Boys

420 Kinder	9:30-10:30	BB	4-5
422 Kinder	6:00-7:00	TC	4-5

WEDNESDAY

Level	Time	Coach	Age
130 Kinder 1	12:15-1:00	AW	3-4
132 Kinder 2	4:30-5:30	KN	5-6
133 Kinder 1	5:30-6:15	KN	3-4
134 Super Kinder 3	5:45-7:00	JS	4-6
135 Adv. Kinder	6:00-7:30	DG	5-6
136 Super Kinder 2	6:15-7:15	KN	4-6
137 Super Kinder 1	7:00-7:45	JS	3-4

Boys

430 Super Kinder	4:30-5:45	BB	5-6
431 Kinder	4:45-5:45	JS	4-5

Kinder Gymnastic Progression

Girls & Boys Ages 2-4

Parent & Tot	3/4 hr.	Ages 2-3
Kinder 1	3/4 hr.	Ages 3-4
Super Kinder 1	3/4 hr.	Ages 3-4

Girls Ages 4-6

Kinder 2	1 hr.	Ages 5-6
Super Kinder 2	1 hr.	Ages 4-6
Super Kinder 3	1 1/4 hrs.	Ages 4-6
Adv. Kinder	1 1/2 hrs.	Ages 5-6

Boys Ages 4-6

Kinder	1 hr.	Ages 4-5
Super Kinder	1 1/4 hrs.	Ages 5-6

THURSDAY

Level	Time	Coach	Age
140 Kinder 1	10:30-11:15	CM	3-4
141 Super Kinder 1	11:15-12:00	CM	3-4
143 Super Kinder 1	5:15-6:00	KN	3-4
144 Kinder 2	5:45-6:45	SS	5-6
145 Super Kinder 2	5:45-6:45	KK	4-6
146 Kinder 1	6:00-6:45	KN	3-4
147 Super Kinder 3	6:45-8:00	KK	5-6
148 Kinder 1	6:45-7:30	KN	3-4
149 Super Kinder 2	6:45-7:45	SS	4-6

Boys

440 Kinder	6:00-7:00	TC	5-6
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FRIDAY

Level	Time	Coach	Age
150 Parent & Tot	9:30-10:15	JS	2-3
151 Kinder 1	10:15-11:00	JS	3-4
152 Super Kinder 1	11:00-11:45	JS	3-4
153 Super Kinder 2	11:45-12:45	JS	4-6
154 Parent & Tot	4:30-5:15	AW	2-3
156 Kinder 2	5:15-6:15	AW	4-6
157 Kinder 2	5:30-6:30	SS	5-6
158 Super Kinder 1	6:15-7:00	AW	3-4
159 Kinder 1	6:30-7:15	SS	3-4

SATURDAY

Level	Time	Coach	Age
Parent & Tot	8:15-9:00	JS	2-3
160 Parent & Tot	9:00-9:45	JS	2-3
161 Kinder 1	9:15-10:00	RJ	3-4
162 Super Kinder 1	9:45-10:30	JS	3-4
163 Super Kinder 2	10:30-11:30	JS	4-6
165 Kinder 2	11:00-12:15	KN	5-6
164 Super Kinder 3	11:30-12:45	JS	5-6
169 Kinder 1	12:15-1:00	RM	3-4
167 Kinder 1	12:45-1:30	JS	3-4
168 Kinder 2	1:00-2:00	TR	5-6

Boys

460 Kinder	12:15-1:15	WS	4-5
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Special Needs Classes

Saturday

860	Ages 3-5	2:00-2:30	AW
	Ages 3-5	2:45-3:15	AW
	Ages 3-5	2:45-3:15	AW

Kids Play Time

Tuesday 1:00-2:00 Wednesday 11:00-12:00

15% Second Class Discount
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