

Michigan Academy of Gymnastics

240 Mettys Dr. Suite C • Ann Arbor, MI 48103 • (734) 761-7610

Fall Session August 28, 2017- January 20, 2018

The gym will be closed September 2nd, 3rd and 4th

Developmental Program For Boys and Girls

MONDAY				
CLASS #	LEVEL	TIME	COACH	AGE
Girls				
2HS	Homeschool	1:30 - 2:45	BV	5+
210	Red	4:30 - 5:45	KB	6-8
211	White	4:30 - 6:00	SR	6-8
212	Blue	4:30 - 6:00	AS	6+
213	Red	6:00 - 7:15	SR	9+
214	Silver	7:00 - 9:00	AS	All
215	Bronze	7:15 - 9:00	SR	All
216	Blue	7:30 - 9:00	KB	9+
Boys				
310	Red	5:45 - 7:00	BB	6+

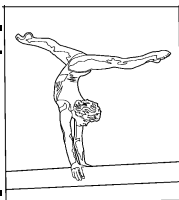
THURSDAY				
CLASS #	LEVEL	TIME	COACH	AGE
Girls				
240	Blue	4:30 - 6:00	AS	6+
241	Red	6:15 - 7:30	BB	6-8
242	Silver	7:00 - 9:00	AS	All
Boys				
340	White	7:30 - 9:00	BB	6+

TUESDAY				
CLASS #	LEVEL	TIME	COACH	AGE
Girls				
220	Bronze	4:30 - 6:15	SR	All
221	White	6:00 - 7:30	KB	6-8
222	Blue	6:15 - 7:45	SR	6+
223	Red	7:30 - 8:45	KB	6+

FRIDAY				
CLASS #	LEVEL	TIME	COACH	AGE
Girls				
250	Silver	4:30 - 6:30	LE	All
251	White	7:15 - 8:45	BB	9+
252	Red	6:00 - 7:15	SR	6+
Boys				
350	Red	4:30 - 5:45	AP	6+
351	Blue	5:45 - 7:15	AP	6+
352	Bronze	7:15 - 9:00	AP	All

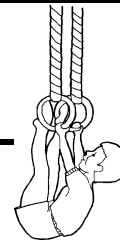
WEDNESDAY				
CLASS #	LEVEL	TIME	COACH	AGE
Girls				
230	Red	4:30 - 5:45	LC	6-8
231	Blue	4:30 - 6:00	CM	6+
232	Bronze	6:45 - 8:30	CM	All
233	White	7:00 - 8:30	LC	9+

SATURDAY				
CLASS #	LEVEL	TIME	COACH	AGE
Girls				
260	Blue	9:00 - 10:30	LE	6+
264	Red	10:15-11:30	BV	6+
261	Bronze	10:30 - 12:15	LE	All
262	Red	11:30 - 12:45	BV	6+
263	White	12:45 - 2:15	KB	6+
Boys				
360	White	12:00 - 1:30	BB	6+
361	Red	1:30 - 2:45	BB	6+



CLASS LEVEL PROGRESSION

Red	Beginner	1 1/4 hrs. 1 DAY A WEEK REQUIRED
White	Intermediate Beginner	1 1/2 hrs. 1 DAY A WEEK REQUIRED
Blue	Advanced Beginner	1 1/2 hrs. 2 DAYS A WEEK OPTIONAL
Bronze	Intermediate	1 3/4 hrs. 2 DAYS A WEEK RECOMMENDED
Silver	Intermediate Advanced	2 hrs. 2 DAYS A WEEK REQUIRED



15% SECOND CLASS DISCOUNT
10% SIBLING DISCOUNT

Michigan Academy of Gymnastics

240 Metty Dr. Suite C • Ann Arbor, MI 48103 • (734) 761-7610

Fall Session August 28, 2017- January 20, 2018

The gym will be closed September 2nd, 3rd and 4th

Kinder Program for Boys and Girls

MONDAY				
CLASS #	LEVEL	TIME	COACH	AGE
Kinder				
110	Adv Kinder	5:00 - 6:30	BV	5-6
111	Kinder 1	5:45 - 6:30	KB	3-4
112	Super Kinder 2	6:00 - 7:00	AS	4-6
113	Kinder 2	6:30 - 7:30	KB	5-6
Boys Kinder				
410	Super Kinder	4:30 - 5:45	BB	5-6

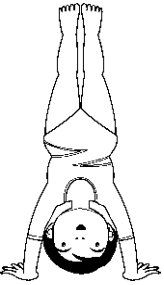
THURSDAY				
CLASS #	LEVEL	TIME	COACH	AGE
Kinder				
140	Kinder 1	4:30 - 5:15	BB	3-4
141	Kinder 1	6:15 - 7:00	AS	3-4
Boys Kinder				
440	Kinder	5:15 - 6:15	BB	4-5

TUESDAY				
CLASS #	LEVEL	TIME	COACH	AGE
Kinder				
120	Parent & Tot	10:00 - 10:45	BV	2-3
121	Super Kinder 1	10:45 - 11:30	BV	3-4
122	Kinder 1	11:30 - 12:15	BV	3-4
123	Kinder 2	12:30 - 1:30	BV	5-6
124	Kinder 1	4:30 - 5:15	KB	3-4
125	Super Kinder 1	5:15 - 6:00	KB	3-4

FRIDAY				
CLASS #	LEVEL	TIME	COACH	AGE
Kinder				
150	Kinder 2	4:30 - 5:30	BB	5-6
151	Kinder 1	5:30 - 6:15	BB	3-4
Boys Kinder				
450	Kinder	6:15 - 7:15	BB	4-5

WEDNESDAY				
CLASS #	LEVEL	TIME	COACH	AGE
Kinder				
130	Parent & Tot	10:00 - 10:45	BV	2-3
131	Super Kinder 1	10:45 - 11:30	BV	3-4
132	Kinder 1	11:30 - 12:15	BV	3-4
133	Kinder 2	12:30 - 1:30	BV	5-6
134	Super Kinder 2	4:30 - 5:30	BV	4-6
135	Kinder 1	5:30 - 6:15	BV	3-4
136	Super Kinder 3	5:45 - 7:00	LC	5-6
137	Parent & Tot	6:00 - 6:45	CM	2-3

SATURDAY				
CLASS #	LEVEL	TIME	COACH	AGE
Kinder				
160	Kinder 2	9:00 - 10:00	KB	5-6
161	Parent & Tot	9:30 - 10:15	BV	2-3
162	Kinder 1	10:00 - 10:45	KB	3-4
164	Kinder 1	10:45 - 11:30	KB	3-4
165	Super Kinder 2	11:45 - 12:45	KB	4-6
Boys Kinder				
460	Kinder	9:30 - 10:30	BB	4-5
461	Super Kinder	10:30 - 11:45	BB	5-6

Kinder Gymnastic Progression				
	Boys & Girls	Parent & Tot	3/4 hr.	Ages 2-3
		Kinder 1	3/4 hr.	Ages 3-4
		Super Kinder 1	3/4 hr.	Ages 3-4
	Girls	Kinder 2	1 hr.	Ages 5-6
		Super Kinder 2	1 hr.	Ages 4-6
		Super Kinder 3	1 1/4 hrs.	Ages 5-6
		Advanced Kinder	1 1/2 hrs.	Ages 5-6
	Boys	Boys Kinder	1 hr.	Ages 4-5
		Boys Super Kinder	1 1/4 hrs.	Ages 5-6

15% SECOND CLASS DISCOUNT

10% SIBLING DISCOUNT

