

DOUG'S BULLETIN BOARD

Monday, July 14, 2008

FALL INFORMATION

The planning of the "FALL" schedule is here. I am constructing the "practice schedule" of all of the teams.

It was more efficient to have more girls in earlier for practice. ***I encourage anyone who can arrive around 2:30 pm, Monday through Friday, to please contact me.*** This gives later groups a chance to get on the equipment without conflicts with other groups.

This year I am attempting to get any gymnasts who would be able to ***train from 6:45 am to 8:45 am on Monday's, Tuesday's and Thursday's*** to contact me as soon as possible. This would involve arranging your child's class schedule to have the elective classes the first thing in the morning. Once the gymnast has returned to school they would go to their core classes. I have done this in the past with several girls and boys. It was very beneficial to the gymnast, whether it was the rehabilitation of an injury or the learning of very intricate high level skills.

This has been a difficult schedule to develop for the compulsory girls. I personally do not like the four (4) days in a row, Monday through Thursday. I know parents like to have Friday nights off, but I would prefer to have Wednesday off for the girls, to use, to get their school work caught up.

If you have concerns or potential conflicts with our upcoming fall schedule, please contact me.

I hope everyone understands that September has always been "homework overload" from the schools. We have always been cooperative in this situation. But as a former teacher, I know a lot of the work the kids are getting is just busy work.

There are ways to deal with this. You may get cooperation from the teacher or the administration or you may be rebutted. I have learned that each teacher, each school and each school system has different ways in handling this problem. If you wish more information, please leave me a note.

The MAG Coaching Staff is planning the COMPETITION CALENDAR FOR "2008-2009" season. There will be information available after October 1st regarding a possible competition schedule for MAG Boys

& Girls Invitational Competition.

I will distribute the "Competition Calendar's" as soon as the MAG Coaching Staff finalizes the dates of competition.

Our first meet will be for the Level 5 & 6 Compulsory girls. The first meet is Sunday, September 14th.

The second SQM meet for Level 5 & 6 Girls will be held on Saturday, October 4th, & Sunday, October 5th. Sites for these competitions will be determined at a later date.

The third SQM meet for Level 5 & 6 girls will be It will be October 18th & 19th @ Eastern Michigan University. This meet, The Judges Cup, is hosted by the NAWGJ (Judges Association) and will have Level 4's. There will be Level 7 Invitational, as part of Michigan's Judges Cup.

We will have practice meets here in the gym in October & November on several Saturday's to check on the L-7, 8, 9 & 10's girl's progress.

The L-5 & 6 girls have one more November meet with the Early Season State Meet on November 22nd & 23rd.

Our "30th" Girls Christmas Classic will be on Saturday, December 13 and Sunday, December 14, 2008. This year's Classic is being held again at the Westland gym. MAG Boys Christmas In the Motor City Classic will be held on Saturday, December 6th and Sunday, December 7th.

The Compulsory Boys will begin their season on November, at the Sunrise Invitational in Toledo. The possibility of the Optional Boys attending this meet is being considered.

I will distribute each Girls & Boy's requirements for placement and advancement for this year as addendums to the Meet Fund Team Handbook during the week before Labor Day.

Michigan Academy of Gymnastics will be involved with the USAIGC for Boys and Girls teams again this year.